

# 13th European Nutrition Conference

FENS 2019 | Malnutrition in an Obese World: European Perspectives

The Convention Centre Dublin, Ireland  
15 - 18 October 2019

Hosted by



TUESDAY 15 OCTOBER													
Room	Auditorium	Liffey A	Liffey Hall 1	Liffey Hall 2	Liffey Meeting Room 2	Liffey Meeting Room 3	Wicklow Hall 1	Wicklow Hall 2A	Wicklow Hall 2B	Ecoem Room	Wicklow Meeting Room 1	Forum	Liffey B
09:45 - 10:30	Opening Ceremony	Opening Ceremony - Auditorium Level 3,4,5											Opens to public at 11:15
10:30 - 11:15	Plenary Lecture Dr Joao Breda	Plenary Session with Dr Joao Breda - Auditorium Level 3,4,5											
11:15 - 11:45	Refreshment Break - 30 mins												
11:45 - 12:30	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	
12:30 - 13:30	Lunch Break											1245-1315 FENS Societies Eastern European Region Meeting	
13:30 - 15:00	The Nutrition Society Julie Wallace Award - Nutrition Society Silver Medal	2B Metabolic 'Obesity': Definitions, measurement and dietary determinants FENS 2019 Scientific Committee	1D Healthy Ireland's Obesity Policy and Action Plan-Early Years Nutrition Actions Healthy Ireland - Government of Ireland	Oral Communication	4B Food-Based approach and physical activity to improve nutrition and health in the elderly Austrian Nutrition Society	1C Leadership in global food strategies to curb multiple burdens of malnutrition European Nutrition Leadership Platform (ENLP)	Oral Communication	Oral Communication	4C Transforming food systems: the potential and challenges for small and medium size food businesses Global Alliance for Improved Nutrition (GAIN)	3B Session 1: Omega-3 fatty acids: from lab to clinic University of Brest and University of Southampton	4D Improving the global diet – the role of biofortification British Nutrition Foundation and British Dietetics Association	Posters and Exhibition	
15:00 - 16:30	1D Emotional eating: pathways underpinning obesity FENS 2019 Scientific Committee	2C Novel approaches to measure dietary assessment FENS 2019 Scientific Committee	1D What advice does the public believe? – Challenges for researchers, policy makers and practitioners safefood	5D Micronutrient Status & Requirements in Obese Pregnant Women Joint ASN / FENS Session	3B Balancing the correct nutrient intake: an extra challenge in the obese world The Italian Society of Human Nutrition	1C Lessons from Serbia: Obesity - From Risks to Therapy Serbian Nutrition Society	International Early Career Nutrition Research Championship (Session 1 of 3)	4B Improving diet quality with whole grain and cereal fibres Health Grain Forum	4D Balanced Nutrition Education Programme in Primary Schools: Lessons Learned in Turkey Sabri Ulker Food Research Foundation	3B Session 2: Omega-3 fatty acids: from lab to clinic University of Brest and University of Southampton	2D Consumer behaviour and nutritional health: contributions from the Food, Nutrition and Health Research Infrastructure Food Nutrition and Health RI, EU-consortium led by Wageningen University and Research	Posters and Exhibition	
16:30 - 17:00	Refreshment Break												
17:00 - 18:30	COMMERCIAL SESSION Fermented dairy's role in a healthy, affordable diet: from evidence to market place US National Dairy Council	COMMERCIAL SESSION Nuts & Health: New Insights into Diabetes, Obesity and Gut Microbiota INTERNATIONAL NUT AND DRIED FRUIT COUNCIL (INC)	COMMERCIAL SESSION The Power of Oats: Beyond Cholesterol-Lowering Quaker	COMMERCIAL SESSION Is there a role for supplementation to address nutritional inadequacies and reducing disease risk? Food Supplements Europe	Launch of the Academy of Nutrition Sciences	1D The PROMISS Project – Prevention of Malnutrition in Senior Subjects PROMISS Vrije Universiteit Amsterdam	The Nutrition Society Postgraduate Competition - UK	3D NIHR Diet and Activity Research Translation (DART) National Institute of Health Research (NIHR)	4D How can we keep our diet within the planetary boundaries Alpro Foundation	2D The eNutrition Academy: Global Online Learning, supporting a new generation of Nutritional Scientists The eNutrition Academy	Polish Society of Nutritional Sciences TBC	Posters and Exhibition	
18:30 - 19:30	Welcome Reception - Groundfloor Forum											Welcome Reception	

WEDNESDAY 16 OCTOBER													
	Auditorium	Liffey A	Liffey Hall 1	Liffey Hall 2	Liffey Meet. Rm 2	Liffey Meet. Rm 3	Wicklow Hall 1	Wicklow Hall 2A	Wicklow Hall 2B	Ecoem Room	Wicklow Meeting Room 1	Forum	Liffey B
08:30 - 09:15	<b>Plenary Lecture</b> Professor Arne Astrup	Plenary Session with Professor Arne Astrup - Auditorium Level 3,4,5										Posters and Exhibition	
09:15 - 10:15	Official Poster Forum 1 - The Forum & Liffey B											Official Poster Forum 1	
10:15 - 10:45	Refreshment Break (The Forum & Liffey B)												
10:45 - 12:15	<b>2A</b> The role of "big data" in nutrition research FENS 2019 Scientific Committee	<b>5B</b> Innovative tools and targets to control obesity FENS 2019 Scientific Committee	<b>3B</b> Sarcopenic obesity in older people: from epidemiology to molecular mechanisms FENS 2019 Scientific Committee	<b>5D</b> UK sugar reduction journey: science to policy Public Health England	Oral Communication	Oral Communication	<b>4A</b> Does biofortification of crops work as a way of improving micronutrient status in poor populations? FENS 2019 Scientific Committee	Oral Communication	<b>2A</b> The Nutrigenomics Journey- are we there yet? NuGo- The Nutrigenomics Organisation	<b>3B</b> An update on ILSI's Europe activities on Glycaemic Exposure: from the population without diabetes to Gestational Diabetes Mellitus ILSI Europe Obesity & Diabetes, Early-Life Nutrition & Long-Term Health and Dietary Carbohydrates Task Forces	The Nutrition Society Publications Launch Invited Session	Posters and Exhibition	
12:15 - 13:30	Lunch Break (The Forum)												
13:30 - 15:00	<b>4B</b> Does moderate beer consumption fit in a healthy diet? The Beer and Health Initiative	<b>1D</b> FBDGs & people: is communication the missing link? EUFIC- European Food Information Council	<b>1B</b> From early-life events to the ageing brain: Impact of nutrition on health determinants ILSI Europe Nutrition & Mental Performance, Nutrition & Immunity and early-Life Nutrition & Long-Term Health Task Forces	<b>4D</b> The DIOGENES project; 2.0 : A system biology approach Maastricht University	<b>3B</b> Malnutrition after weight loss in health and disease IrSPEN – Irish Society for Clinical Nutrition and Metabolism	<b>4C</b> Yogurt as a vehicle of other healthy foods Yogurt in Nutrition Initiative	The Nutrition Society Postgraduate Competition - Ireland	<b>5A</b> Personalised Nutrition for Health UCD Institute of Food and Health	<b>2D</b> Strategies to tackle obesity: different visions from diverse Spanish Nutrition Societies FESNAD - Federation of Spanish Societies of Nutrition, Food and Dietetics	<b>4D</b> Nutrition communication in Europe: best practices, challenges and synergies European Public Health Nutrition Alliance (EPHNA)	<b>4B</b> The Way to Nordic Sustainable Nutrition Icelandic Nutrition Society	Posters and Exhibition	
15:05- 16:30	<b>COMMERCIAL SESSION</b> Beyond nutrients: Health Effects of the Dairy Matrix European Milk Forum	<b>5D</b> Malnutrition, obesity and climate change: is there a link? FENS 2019 Scientific Committee	<b>1D</b> Low calorie sweeteners in the human diet: Scientific evidence and recommendations about their use and benefits International Sweeteners Association (ISA)	<b>4D</b> EFSA's recent activities in the area of nutrition European Food Safety Authority (EFSA)	<b>3B</b> FiberTAG project : how to deal with dietary fiber in the context of obesity Université catholique de Louvain	TBC	International Early Career Nutrition Research Championship (Session 2 of 3)	<b>5B</b> Diet-Microbiota Interactions in Human Health (and Disease) ESNM / Gut Microbiota & Health section	<b>2C</b> New methodologies for food intake and dietary exposure assessment ILSI Europe Dietary Intake & Exposure and Dietary Carbohydrates Task Forces	<b>4C</b> Nordic diet and health The Finnish Society for Nutrition Research	<b>2C</b> Validating novel biomarkers of dietary exposure to Riboflavin and Polyphenols and associated health impacts: Transnational DERIVE and VALID projects The School of Advanced Studies in Food and Nutrition, University of Parma / NICHE Ulster	Posters and Exhibition	
16:30 - 17:00	Refreshment Break - 30 mins												
17:00 - 18:30	<b>COMMERCIAL SESSION</b> Understanding and Managing Satiety: processes and opportunities The Almond Board of California	<b>COMMERCIAL SESSION</b> A hidden hunger: the sub-optimal status of micronutrients in the European population DSM	<b>COMMERCIAL SESSION</b> Calories that Count: Encouraging Nutrient Dense Foods to Build Healthy Dietary Pattern General Mills Bell Institute of Health and Nutrition	<b>COMMERCIAL SESSION</b> Mindful Eating - benefits and science-based consumer approaches for a sensible snacking Mondelēz International	<b>COMMERCIAL SESSION</b> Aspects of Calorie Reduction: Bringing Nutrition, Sensory & Behavioural Science Together Kerry Health and Nutrition Institute	<b>COMMERCIAL SESSION</b> Is fruit juice just another sugary drink? Fruit Juice Matters	<b>COMMERCIAL SESSION</b> Combating Obesity Through Lifestyle Changes Herbalife Nutrition	<b>COMMERCIAL SESSION</b> Plant-based Snacking: Research & Practical Applications of Pistachios for Health Benefits American Pistachio Growers	<b>COMMERCIAL SESSION</b> Coffee and metabolic syndrome – some good news? The Institute for Scientific Information on Coffee	<b>COMMERCIAL SESSION</b> Credibility vs. Clickbait: Communicating Nutrition Research to the Public Eat Well Global	<b>COMMERCIAL SESSION</b> Fruit pomace as a dietary source of fibre Tropicana	Posters and Exhibition	
18:45 - 19:45	<b>DEBATE</b> The individual or society at large has the primary responsibility in preventing obesity	Debate - Auditorium Level 3,4,5											
19:30 - 20:30	The Nutrition Society Drink Reception Level 3 Foyer	The Nutrition Society Drink Reception - Level 3 Foyer											

THURSDAY 17 OCTOBER													
Room	Auditorium	Liffey A	Liffey Hall 1	Liffey Hall 2	Liffey Meet. Rm 2	Liffey Meet. Rm 3	Wicklow Hall 1	Wicklow Hall 2A	Wicklow Hall 2B	Ecoem Room	Wicklow Meeting Room 1	Forum	Liffey B
08:30 - 09:15	<b>Plenary Lecture</b> Professor Ellen Blaak	Plenary Session with Professor Ellen Blaak - Auditorium Level 3,4,5										Posters and Exhibition	
09:15 - 10:00	Official Poster Forum 2 - The Forum & Liffey B											Official Poster Forum 2	
10:00 - 10:30	Refreshment Break - 30 mins												
10:30 - 12:00	<b>3A</b> Role of brown adipose tissue in energetics and metabolic homeostasis FENS 2019 Scientific Committee	<b>4C</b> Ultra-processed food - potential health impacts FENS 2019 Scientific Committee	Oral Communication	<b>5D</b> The double burden of malnutrition: a global challenge Nutrition Society / International Affairs	<b>3C</b> Unbalanced diet as a risk factor for brain diseases French Nutrition Society SFN	<b>1D</b> From new products to interventions. Strategy of the German Competence Clusters in Nutrition Research Deutsche Gesellschaft für Ernährung e.V. (DGE)	International Early Career Nutrition Research Championship (Session 3 of 3)	<b>1D</b> International Capacity Building on Public Health and Personalized Nutrition IUNS	<b>2C</b> Fatty Acid Metabolism – Interlinking Diet with Cardiometabolic Health FAME Consortium	<b>4C</b> Nutrient profiling to improve population nutrition policy in Europe: Progress and future directions Belgian Nutrition Society	Korean Societies and the Nutrition Society Joint Session	Posters and Exhibition	
12:00 - 13:15	Lunch Break												
13:15 - 14:00	<b>Plenary Lecture</b> Professor Lauren Lissner	Plenary Session with Professor Lauren Lissner - Auditorium Level 3,4,5										Posters and Exhibition	
14:00 - 14:45	Official Poster Forum 2 - The Forum & Liffey B											Official Poster Forum 3	
14:45 - 16:15	Oral Communication	Oral Communication	Oral Communication	TBC	<b>2B</b> Stable isotope techniques for accurate nutrition assessment International Atomic Energy Agency (IAEA)	<b>1C</b> Lifestyles and Obesity in Europe Sociedad Espanola de Nutricion (Sen) Spanish Nutrition Society	<b>3B</b> An Update on the Beneficial Health Impact of Specific Dietary Fatty Acids ILSI Europe Nutrient Intake Optimisation, Early-Life Nutrition & Long-Term Health and Qualitative Fat Intake Task Forces	<b>1C</b> Nutritional care in health and disease - Experiences in Ireland Health Service Executive	The Nutrition Society Student Section	<b>4D</b> The school food environment: opportunities to improve eating behaviours Queens University Belfast	Session 1: Obesity in the elderly: a new scientific and clinical challenge BNS/SFN/DGE / NS	Posters and Exhibition	
16:15 - 16:45	Refreshment Break												
16:45 - 18:15	<b>COMMERCIAL SESSION</b> Blood sugar management and beyond: What's new in slow release carbohydrates and prebiotic fibres? Beneo-Institute	<b>COMMERCIAL SESSION</b> The international Breakfast Research Initiative: Towards objectively derived nutrient recommendations for breakfast Cereal Partners Worldwide	<b>COMMERCIAL SESSION</b> Expert Consensus statements on MVM supplements and management in the overweight and obese Pfizer Consumer Healthcare	<b>COMMERCIAL SESSION</b> Resistant starch and slowly digestible starch: clinical data and health claims to promote better nutrition Ingredient	<b>COMMERCIAL SESSION</b> Using consumer insight to drive healthier snacking behaviours pladis	<b>4B</b> The importance of sensory properties, including umami and kokumi substances, to promote healthy dietary patterns International Glutamate Information Service (IGIS)	<b>4D</b> Understanding Consumer Choice Drivers to Achieve Sustainable Food and Nutrition Security ILSI Europe's Consumer Behaviour Determinants Task Force	<b>2D</b> Nutrition Sciences beyond reductionism Dutch Academy of Nutrition Sciences	DSM Bright Science Award	<b>5C</b> Nutrition and musculoskeletal ageing: from mechanisms to public health interventions CIMA - Centre for Integrated research into Musculoskeletal Ageing	Session 2: Obesity in the elderly: a new scientific and clinical challenge BNS/SFN/DGE / NS	Posters and Exhibition	
20:00 - Late	Conference Dinner - Taylors Three Rock, Tickets Required												

**FRIDAY 18 OCTOBER**

Room	Auditorium	Liffey A	Liffey Hall 1	Liffey Hall 2	Liffey Meet. Rm 2	Liffey Meet. Rm 3	Wicklow Hall 1	Wicklow Hall 2A	Wicklow Hall 2B	Ecoem Room	Wicklow Meeting Room 1	Forum	Liffey B
0830 - 09:15	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Oral Communication	Posters and Exhibition
09:15 - 10:15	Official Poster Forum 4 - The Forum & Liffey B											Official Poster Forum 4	
10:15 - 10:45	Refreshment Break - 45 mins												
10:45 - 12:15	3D Chromonutrition: the evidence for why "you are when you eat" FENS 2019 Scientific Committee	Oral Communication	1C From Lifespan to Healthspan: The Role of Nutrition in Healthy Ageing Council for Responsible Nutrition – International (CRN-I)	3A Unlocking the potential of the microbiome ILSI Europe Health Benefits Assessment of Foods Task Force	Oral Communication	FENS - FBGD Session	1B Current Public Health Nutrition Challenges Nutrition Innovation Centre for Food and Health (NICHE), Ulster University	TBC	3C Vitamin D: new insights from physiology to clinical practice Sociedad Española de Nutrición (SEÑ)/ Spanish Nutrition Society	1C Nutritional epidemiological studies in Romania The Nutrition Society of Romania	TBC	Posters and Exhibition	
12:15 - 13:00	Plenary Lecture Professor Christian Wolfrum	Plenary Session with Professor Christian Wolfrum - Auditorium Level 3,4,5											
13:00 - 13:45	Closing Ceremony	Closing Ceremony - Auditorium Level 3,4,5											